



Soups

Mexican Meatball Soup

Spring Garden Soup **GF DFV PB** *El Camino Café Culinary Creation*

Monday

November 4, 2024

Entrées

3 Cheese Lasagna Stuffed Portobello **Vegetarian**

Ricotta, mozzarella and parmesan cheese, marinara sauce and basil

Roasted Herb Chicken Breast with lemon sauce

Pan Seared Barramundi with sweet chili sauce

Sides

**Jasmine Rice, Ruby Pilaf, Garlic Bread
Chef's Blend, Brussel Sprouts, Cauliflower**

Soups

Leaf & Ladle Split Pea **Vegetarian**

Italian Chicken with Orzo *El Camino Café Culinary Creation*

Cavatappi Pasta with kale pesto and roasted vegetables & blistered tomatoes
Vegetarian

Tuesday

November 5, 2024

Entrées

Chicken Parmesan with marinara & cheese

Bourbon Glazed Pork Roast

Sides

**Jasmine Rice, Mashed Potatoes and Gravy, 5 Grain Rice Pilaf
Chef's Blend, Green Beans, Buttered Corn**

Soups

Coconut Cream of Spinach Soup *El Camino Café Culinary Creation* **Plant Base**

Italian Wedding

Aloo Gobi-curried cauliflower and potatoes **Vegetarian**

Wednesday

November 6, 2024

Entrées

Grilled Flank Steak with zesty chimichurri sauce

Indian Butter Chicken

Sides

Jasmine Rice, Saffron Basmati Rice, Pakora (vegetable fritter)
Roasted Baby Carrots, Chef's Blend, Swiss Chard

Soups

Turkey Sausage & Kale

Vegetable Enchilada Soup **GF V** *El Camino Café Culinary Creation*

Mushroom Stroganoff with medley of fresh mushrooms & pasta **Vegetarian**

Thursday

November 7, 2024

Entrées

Roasted Salmon with asparagus-beurre blanc

Baked Gochujang Chicken Legs with sesame seeds & green onions

Sides

**Jasmine Rice, Kimchi Fried Rice, Buttered Noodles
Broccoli, Chef's Blend, Green Bean Almondine**

Soups

Clam Chowder *El Camino Café Culinary Creation*

Butternut Squash **Vegetarian**

Friday

November 8, 2024

Entrées

Cashew Cauliflower Stir-Fry with spicy orange sauce

Herb & Garlic Crusted Eye of Round Roast

Spinach & Artichoke Stuffed Chicken

Sides

**Jasmine Rice, Fried Rice V, Mashed Potatoes with Gravy V
Broccoli, Asparagus Tips, Chef's Blend**

SPICY Seasoned with or containing spice.

GLUTEN FREE Does not contain gluten or wheat.

VEGETARIAN Does not contain meat, fish or fowl; may contain dairy & eggs. **DAIRY FREE** Does not contain dairy products.

PLANT BASED Does not contain meat, fish, fowl dairy & eggs. **Foods prepared in this facility may contain the following allergens...**

Dairy, Egg, Fish, Seafood Shellfish, Tree Nuts, Peanuts, Wheat, Soy, Sesame. Please ask your server if you have any allergies.

MENU SUBJECT TO CHANGE



Garlic Ginger Noodle Stir-Fry *PLANT BASED*
 With crispy tofu, vegetables, cilantro & green onions
El Camino Café Lifestyle Medicine Culinary Creation

Tuesday **Po' Boy Sandwich**
 Crispy shrimp, shredded lettuce, tomatoes and boom boom sauce
 on a french roll served with a side of fries

Wednesday **Beef Curry Wrap**
 Basmati rice, lavosh

Thursday **Chicken Nachos**
 seasoned ground chicken, fresh corn chips, queso blanco sauce, tomatoes,
 green onions, jalapenos, olives and cilantro

Friday **Cuban Ropa Vieja Platter**
 shredded beef with onions, peppers, green olives, capers
 served with white rice

Café Hours

Monday – Friday

Breakfast
 6:30 a.m. – 10:00 a.m.
(Global & Hot Service Ends 9:45)
 Closed: 10:00 a.m. – 11:00 a.m.

Lunch
 11:00 a.m. – 3:30 p.m.
 Global Closes 1:00 p.m.
 Hot service ends 2 :00 p.m.
 Grill closes 3:00 p.m.
 Closed: 3:30 p.m. – 4:30 p.m.

Dinner
 4:30 p.m. – 7:30 p.m.
 Hot service ends 7:30 p.m.
 Grill 4:30 – 7:00 p.m.
(No Grillworks)
Café Closes at 7:30 PM

Weekend/Holidays

Café Closed

Please join us at the **Bistro** for Breakfast

Saturday Lunch
 11:30 a.m. – 2:30 p.m.
 Hot service ends 2:00 p.m.
(No Grillworks)
 Closed: 2:30 p.m. – 4:30 p.m.

Saturday Dinner
 Hot Food Served 4:30 p.m. – 6:30 p.m.
(No Global Cuisine - No Grillworks)
Café Closes at 7:00 PM

Sunday
 11:30 a.m. – 7:00 p.m.
 Lunch Hot Meal Service Ends 2:00 p.m.
 Grab & Go
 Soup, Salad & Sandwiches Available All Day
(No Grillworks)
 Hot Food Served 4:30 p.m. – 7:00 p.m.
(No Global Cuisine - (No Grillworks))
Café Closes at 7:00 PM