



**Garden Vegetable** *El Camino Café Culinary Creation* **Vegetarian**

**Chicken and Dumpling**

## Monday

November 25, 2024

Entrées

**Baked Ratatoulli** with pesto, cheese and basil **Vegetarian**

**Smoked BBQ Pork Ribs**

**Chicken Adobo** **GF**

Sides

**Jasmine Rice V, Garlic Rice V, Paprika Roasted Potatoes  
Chef's Blend, Brussel Sprouts, Cauliflower**

Soups

**Chicken Congee** *El Camino Café Culinary Creation*

**Split Pea and Kale** **Vegetarian**

**Tortellini with Broccoli, Tomatoes, Parmesan Cheese Sauce** **Vegetarian**

## Tuesday

November 26, 2024

Entrées

**Braised Beef Eye of Round with Mushroom Gravy** **DF**

**Chicken Mafe'**

diced chicken, squash, peppers, onions simmered in West African Peanut Sauce

Sides

**Jasmine Rice, Bulger Wheat, Mashed Potatoes & Gravy  
Buttered Corn, Chef's Blend, Green Beans Almondine**

Soups

**Italian Wedding**

**Broccoli Cheddar** **Vegetarian** *El Camino Café Culinary Creation*

**Cheese Tamales** with chili verde, roasted corn and queso **Vegetarian**

## Wednesday

November 27, 2024

Entrées

**Spaghetti with Beef Bolognese**

**Baked Salmon Fillet**

with roasted peppers and beurre blanc sauce

Sides

**Jasmine Rice, Garlic Bread, Spanish Rice  
Chef's Blend, Squash Medley, Broccolini**

Soups

**Thanksgiving Day MENU**

Mixed Garden Salad

Entrées

Roast Turkey & Gravy

 **(Vegetarian Option - Vegetable Wellington)**

Candied Yams, Home-style Stuffing  
Mashed Potatoes, Green Beans

Sides

Dinner Rolls, Butter, and Cranberry Sauce  
Selection of Dessert  
Bottled Water or Bottled Beverages

Soups

**Clam Chowder** *El Camino Café Culinary Creation*

**Tomato Bisque** **VEGETARIAN**

Entrées

**Pan Seared Barramundi** with turmeric & dill

**Oven Roasted Bourbon Chicken Breast**

Sides

**Jasmine Rice, White & Wild Pilaf, Grilled Hamburgers  
Chef's Blend, Broccoli, French Fries**



### Global Cuisine

**Monday**



#### Pad Thai *PLANT BASED*

Rice noodles, bean sprout, carrots, roasted peanuts, cilantro, lime wedges and spicy peanut sauce

*El Camino Café Lifestyle Medicine Culinary Creation*

**Tuesday**

#### Gyro Bowl

gyro (lamb/beef) cucumbers, tomatoes, red onions, tzatziki sauce served with saffron basmati rice and pita bread

**Wednesday**

#### Chicken Club Wrap

fired braised chicken, bacon, lettuce, tomatoes, cheese and pesto aioli in a spinach wrap

**Thursday**



**Friday**

#### Chicken Kale Salad

Grilled chicken strips, kale, red cabbage, shredded carrots, cranberries, tomatoes, butternut squash, pumpkin seeds, parmesan cheese, honey dijon dressing

### Café Hours

#### Monday – Friday

##### Breakfast

6:30 a.m. – 10:00 a.m.

*(Global & Hot Service Ends 9:45)*

*Closed: 10:00 a.m. – 11:00 a.m.*

##### Lunch

11:00 a.m. – 3:30 p.m.

Global Closes 1:00 p.m.

Hot service ends 2 :00 p.m.

Grill closes 3:00 p.m.

*Closed: 3:30 p.m. – 4:30 p.m.*

##### Dinner

4:30 p.m. – 8:00 p.m.

Hot service ends 7:30 p.m.

Grill 4:30 – 7:00 p.m.

*(No Grillworks)*

**Café Closes at 7:30 PM**

#### Weekend/Holidays

### Café Closed

Please join us at the **Bistro** for Breakfast

##### Saturday Lunch

11:30 a.m. – 2:30 p.m.

Hot service ends 2:00 p.m.

*(No Grillworks)*

*Closed: 2:30 p.m. – 4:30 p.m.*

##### Saturday Dinner

Hot Food Served 4:30 p.m. – 6:30 p.m.

*(No Global Cuisine - No Grillworks)*

**Café Closes at 7:00 PM**

##### Sunday

11:30 a.m. – 7:00 p.m.

Lunch Hot Meal Service Ends 2:00 p.m.

Grab & Go

Soup, Salad & Sandwiches Available All Day

*(No Grillworks)*

Hot Food Served 4:30 p.m. – 7:00 p.m.

*(No Global Cuisine - (No Grillworks)*

**Café Closes at 7:00 PM**

**SPICY** Seasoned with or containing spice. **GLUTEN FREE** Does not contain gluten or wheat.

**VEGETARIAN** Does not contain meat, fish or fowl; may contain dairy & eggs. **DAIRY FREE** Does not contain dairy products.

**PLANT BASED** Does not contain meat, fish, fowl dairy & eggs.

**MENU SUBJECT TO CHANGE** 4