



Soups

**Manhattan Clam Chowder** *El Camino Café Culinary Creation*

**French Onion** VEGETARIAN

**Tortellini** with Broccoli, Tomatoes, Parmesan Cheese Sauce VEGETARIAN

## Monday

February 24, 2025

Entrées

**Garlic Honey Glazed Chicken Legs**

**Pork Adobo** GF

Sides

**Jasmine Rice V, Garlic Rice V, Paprika Roasted Potatoes  
Chef's Blend, Brussel Sprouts, Cauliflower**

Soups

**Chao Ga'** *El Camino Café Culinary Creation*

**Split Pea and Kale** Vegetarian

**Cheese Tamales** with chili verde, roasted corn and queso Vegetarian

## Tuesday

February 25, 2025

Entrées

**Spaghetti** with Beef Bolognese

**Grilled Chicken Breast Florentine**

Sides

**Jasmine Rice, Spanish Rice, Garlic Bread  
Spaghetti Squash, Chef's Blend, Green Beans Almondine**

Soups

**Italian Wedding**

**Broccoli Cheddar** Vegetarian *El Camino Café Culinary Creation*

**Chicken Mafe'**

Chicken thighs, squash, peppers, onions simmered in West African Peanut Sauce

## Wednesday

February 26, 2025

Entrées

**Panko Crusted Pork Chops** drizzed in hot honey

**Roasted Snapper with lemon & caper sauce**

Sides

**Jasmine Rice, Garlic Roasted Potatoes, Bulger Wheat  
Chef's Blend, Swiss Chard, Broccolini**

Soups

**Ladle & Leaf 5 Bean Chili** VEGETARIAN

**Chicken and Wild Rice** *El Camino Café Culinary Creation*

**Tofu** braised in Thai coconut curry sauce with peppers, onions and potatoes  
VEGETARIAN

## Thursday

February 27, 2025

Entrées

**Braised Beef Eye of Round with Mushroom Gravy** DF

**Baked Salmon Fillet**

with roasted peppers and beurre blanc sauce

Sides

**Jasmine Rice, Mashed Potatoes & Gravy, Red Mountain Pilaf  
Chef's Blend, Broccolini, Squash Medley**

Soups

**Clam Chowder** *El Camino Café Culinary Creation*

**Tomato Bisque** VEGETARIAN

Entrées

**Ultimate Grilled Cheese on Sourdough** VEGETARIAN

**Roasted Hanger Steak** with whole garlic cloves DF

**Lemon & Herb Baked Chicken Breast**

Sides

**Jasmine Rice, White & Wild Pilaf, Side Winders  
Chef's Blend, Broccoli, Asparagus**

## Friday

February 28, 2025

El Camino Café **Week February 24, 2025 – February 28, 2025** El Camino Health  
**Global Cuisine**

**Monday**



**Vegetables Sandwich** *PLANT BASED*

on hearty sliced bread, sliced cucumber, alfalfa sprouts, shredded carrots, tomatoes, shredded red cabbage, bell pepper, spinach, avocado, with hummus spread and baba ganoush

*El Camino Café Lifestyle Medicine Culinary Creation*

**Tuesday**

**Braised Chicken Club Salad**

chicken, bacon, lettuce, tomatoes, diced eggs, cucumbers, cheese croutons and ranch dressing

**Wednesday**

**Korean Beef Hot Pot**

Shaved beef, glass noodles, shemiji mushroom, tofu, shredded napa cabbage and green onions with spicy gochujang beef broth

**Thursday**

**Burnt Ends Sandwich**

smoked turkey tossed with bbq sauce topped with house made slaw on a brioche bun served with a side of fresh chips

**Friday**

**Pho Ga'**

Sliced chicken, thai basil, bean sprouts, jalapeno, cilantro, lime wedges and green onions served with vegetarian pho broth and rice noodles

**Café Hours**

**Monday – Friday**

**Breakfast**

6:30 a.m. – 10:00 a.m.

*(Global & Hot Service Ends 9:45)*

*Closed: 10:00 a.m. – 11:00 a.m.*

**Lunch**

11:00 a.m. – 3:30 p.m.

Global Closes 1:00 p.m.

Hot service ends 2 :00 p.m.

Grill closes 3:00 p.m.

*Closed: 3:30 p.m. – 4:30 p.m.*

**Dinner**

4:30 p.m. – 8:00 p.m.

Hot service ends 7:30 p.m.

Grill 4:30 – 7:00 p.m.

*(No Grillworks)*

**Café Closes at 7:30 PM**

**Weekend/Holidays**

**Café Closed**

Please join us at the **Bistro** for Breakfast

**Saturday Lunch**

11:30 a.m. – 2:30 p.m.

Hot service ends 2:00 p.m.

*(No Grillworks)*

*Closed: 2:30 p.m. – 4:30 p.m.*

**Saturday Dinner**

Hot Food Served 4:30 p.m. – 6:30 p.m.

*(No Global Cuisine - No Grillworks)*

**Café Closes at 7:00 PM**

**Sunday**

11:30 a.m. – 7:00 p.m.

Lunch Hot Meal Service Ends 2:00 p.m.

Grab & Go

Soup, Salad & Sandwiches Available All Day

*(No Grillworks)*

Hot Food Served 4:30 p.m. – 7:00 p.m.

*(No Global Cuisine - (No Grillworks)*

**Café Closes at 7:00 PM**

**SPICY** Seasoned with or containing spice.

**GLUTEN FREE** Does not contain gluten or wheat.

**VEGETARIAN** Does not contain meat, fish or fowl; may contain dairy & eggs. **DAIRY FREE** Does not contain dairy products.

**PLANT BASED** Does not contain meat, fish, fowl dairy & eggs.

**MENU SUBJECT TO CHANGE** 4