



Soups

## Monday

March 24, 2025

Entrées

**Vegetable Beef Soup with Orzo** *El Camino Café Culinary Creation*

**Potato & Leek** VEGETARIAN

**Italian Veggie Bake** with penne pasta, itaian dressing, eggplant, mushrooms, zucchini, peppers, onions, tomatoes & parmesan cheese Vegetarian

**Roasted Hanging Beef Tender** with zesty chimichurri

**Seared Barramundi** with lemon & capers

Sides

**Jasmine Rice, White & Wild Pilaf V, Roasted Garlic Potatoes  
Chef's Blend, Broccolini, Cauliflower V**

Soups

**Chicken, Kale & Thyme** *El Camino Café Culinary Creation*

**Cream of Jalapeno** Vegetarian

**Spinach & Artichoke Stuffed Mushrooms** VEGETARIAN

Entrées

**Sweet & Sour Pork** with peppers, onions and pineapple DF

**Pepita-Panko Crusted Chicken Breast** with hot honey drizzle

Sides

**Jasmine Rice, Creamy Polenta, Brown Rice Pilaf  
Asparagus Tips, Brussel Sprouts, Chef's Blend**

Soups

**Lemon Chicken** *El Camino Café Culinary Creation*

**Moroccan Lentil** VEGETARIAN

**Smoked BBQ Beef Brisket**

Entrées

**Rosemary & Lemon Roasted Chicken Breast** GFDF

**Gardein Swedish Meatballs** VEGETARIAN  
in vegetarian brown sauce with sour cream, fresh dill and buttered noodles

Sides

**Jasmine Rice, Buttered Egg Noodles, Red Mountain Pilaf  
Chef's Blend, Collard Greens, Green Beans**

Soups

**Beef Chili**

**Okra Bean Stew** *El Camino Café Culinary Creation* VEGETARIAN

**Herb Roasted Turkey Breast**

Entrées

**Seared Salmon** with roasted tomatoes and grilled lemons

**Vegetable Gnocchi with Kale (no nut) pesto** VEGETARIAN

Sides

**Jasmine Rice, Black Pearl Pilaf, Mashed Potatoes & Gravy V  
Squash & Tomatoes, Chef's Blend, Glazed Carrots**

Soups

**Clam Chowder** *El Camino Café Culinary Creation*

**Tomato Bisque** Vegetarian

Entrées

**Parmesan Crusted Tofu** with marinara sauce Vegetarian

**Baked Rock Fish** with tarragon-hollandaise

**Stuffed Chicken Breast**, spinach, mushrooms & mozzarella cheese

Sides

**Jasmine Rice, Roasted Sweet Potatoes, 5 Grain Pilaf  
Squash, Broccoli, Chef's Blend**

## Friday

March 28, 2025

# El Camino Café El Camino Health

Week March 24, 2025 – March 28, 2025

## Global Cuisine

**Monday**



**Pad Thai** *PLANT BASED GF*

Stir-Fry rice noodles, bean sprouts, red bell peppers, carrots, zucchini, cilantro, green onions, tofu and roasted peanuts with Thai peanut sauce  
*El Camino Café Lifestyle Medicine Culinary Creation*

**Tuesday**

**Chicken Flauta with Spicy Avocado Cream Sauce**

Shredded lettuce, tomatoes, onions, cilantro and queso

**Wednesday**

**Habanero Bacon Jam Chicken Sandwich**

Crispy chicken, lettuce, tomatoes, pickles served with a side of fries

**Thursday**

**Barbacoa Beef Taco's**

Pulled beef, queso, jalapenos, pico de gallo, green onions, sour cream, salsa, cilantro, queso and lime wedges

**Friday**

**Nabeyaki Udon Soup**

Tempura shrimp, naruto, egg, green onions, shitake mushrooms & napa cabbage

## Café Hours

### Monday – Friday

#### Breakfast

6:30 a.m. – 10:00 a.m.

**(Global & Hot Service Ends 9:45)**

*Closed:* 10:00 a.m. – 11:00 a.m.

#### Lunch

11:00 a.m. – 3:30 p.m.

Global Closes 1:00 p.m.

Hot service ends 2 :00 p.m.

Grill closes 3:00 p.m.

*Closed:* 3:30 p.m. – 4:30 p.m.

#### Dinner

4:30 p.m. – 7:30 p.m.

Hot service ends 7:30 p.m.

Grill 4:30 – 7:00 p.m.

**(No Grillworks)**

**Café Closes at 7:30 PM**

### Weekend/Holidays

## Café Closed

Please join us at the **Bistro** for Breakfast

#### Saturday Lunch

11:30 a.m. – 2:30 p.m.

Hot service ends 2:00 p.m.

**(No Grillworks)**

*Closed:* 2:30 p.m. – 4:30 p.m.

#### Saturday Dinner

Hot Food Served 4:30 p.m. – 6:30 p.m.

**(No Global Cuisine - No Grillworks)**

**Café Closes at 7:00 PM**

#### Sunday

11:30 a.m. – 7:00 p.m.

Lunch Hot Meal Service Ends 2:00 p.m.

Grab & Go

Soup, Salad & Sandwiches Available All Day

**(No Grillworks)**

Hot Food Served 4:30 p.m. – 7:00 p.m.

**(No Global Cuisine - (No Grillworks)**

**Café Closes at 7:00 PM**

**SPICY** Seasoned with or containing spice.

**GLUTEN FREE** Does not contain gluten or wheat.

**VEGETARIAN** Does not contain meat, fish or fowl; may contain dairy & eggs. **DAIRY FREE** Does not contain dairy products.

**PLANT BASED** Does not contain meat, fish, fowl dairy & eggs. **Foods prepared in this facility may contain the following allergens...**

**Dairy, Egg, Fish, Seafood Shellfish, Tree Nuts, Peanuts, Wheat, Soy, Sesame. Please ask your server if you have any allergies**

**MENU**

**SUBJECT TO CHANGE**